

WHAT IS DOMESTIC VIOLENCE?

Domestic Violence includes a variety of abusive behaviors or threats of abuse. It can be a combination of physical, sexual, and/or verbal abuse. You have committed domestic violence when you physically harm, intimidate or cause fear in the person you cohabit with. The definition of cohabitation is a person 16 years or older, is or was a spouse, is or was living as a spouse, is related by blood or marriage, has one or more children in common or has resided in the same residence as the other party.

DIFFERENT TYPES OF ABUSE

Physical abuse:

Hitting, punching, shoving, kicking, biting, choking, slapping, shaking, pinching, using weapons and objects that can cause harm, restraining or threatening to cause harm to partner.

Sexual abuse:

Acting violently or physically causing pain while having sex, forcing unwanted sex, forcing sex after a violent action, raping or using objects to cause harm during sex.

Psychological:

Name calling, threatening, criticizing, ridiculing, placing blame, intimidation, manipulating, accusing partner of an affair or controlling partner's actions or friendships.

CYCLE OF DOMESTIC VIOLENCE

Phase 1: Tension-building

Is a time of minor conflicts when threats of violence may increase. This phase may last a few hours to many months.

Phase 2: Violence

The violence erupts as the abuser throws objects at his or her partner, hits, slaps, kicks, chokes, abuses him or her sexually, or uses weapons. Once the attack starts, there's little the victim can do to stop it; There generally are no witnesses.

Phase 3: A Period of Remorse

This is often called the "Honeymoon" phase. The abuser may feel sorry for what happened. They may ask for forgiveness and promise to change. Remember that domestic violence will not go away by itself; there are programs that can help.

CRIME VICTIMS REPARATIONS

Victims of violence crime who have suffered physical or psychological injury may be eligible for compensation through Crime Victim Reparations. Primary victims who are affected by the violent incident may qualify for medical/dental expenses, mental health counseling, lost wages, funeral and burial expenses relocation expenses, replacement of door and window locks for the safety of the victim. Secondary victims in the immediate family who witnessed or are traumatically affected by the violent crime may be eligible for mental health counseling under the following circumstances: Homicide, child physical or sexual abuse, and counseling for domestic violence crimes. To qualify, a police report must be filed with in one year of the crime. The amount of assistance is based on primary funding resources already available to the victim such as Medicaid, Medicare, insurance, workers compensation, etc. Funding of this program comes from criminal offenders through surcharges on fines.

The Domestic Violence LINKLine is sponsored in part by:

Utah Domestic Violence Council

State Division of Child & Family Services

Substance Abuse

AA Meeting (24 hours)801 484-7871
Salt Lake County Substance Abuse Services
Assessment & Referral Unit801 468-2009
Detox Center, Volunteers of America.....801 364-9400

Information/Resources

Information & Referral Center211
Domestic Violence LINKLine 1-800-897-5465

PROTECTIVE ORDER INFORMATION

A protective order is a court order designed to give victims of domestic violence protection by ordering the abuser not to have contact with you, threaten you, or entering onto the property where you are residing. There are two kind of protective orders, civil and criminal. You do not need an attorney to obtain either of these orders.

Civil Protective Orders: The civil order is broken down in two parts. The first is called an ex parte protective order. This order may be issued the day of filing without the abuser being present. It is effective until a hearing is held, where the abuser is able to present their side. The second part of the civil protective order becomes effective after the hearing. The civil order may order the abuser to immediately vacate and remain away form the residence an refrain from further abusing you. They may provide temporary custody of minor children, access to real property and deal with other temporary relief on civil matters.

Criminal Protective Order: The criminal protective orders may be issued only if criminal charges are filled. This order is valid until the criminal case is completed. This includes the probationary period of the defendant at the request of the victim. The abuser is ordered to immediately vacate and not return to the residence and to refrain from all contact with you. This order does not establish visitation or child custody.

MEDICAL ASSISTANCE

Fourth Street Clinic
404 South 400 West..... 801 364-0058

Community Health Clinics

Central City..... 801 539-8634
Copperview 801 566-5494
Stephen D. Ratchiffe 801 328-5750
Oquirrh View..... 801 964-6214
Utah Family Health Line1-800-472-4716

COUNSELING SERVICES

(Licensed Domestic Violence Treatment Programs)

ACES

3808 South West Temple..... 801 265-8000

Addiction & Psychological Services

1226 West South Jordan Parkway, #A-B..... 801 302-1155

ARCH-Addiction Resource Center for Healing

9500 South 500 West, #209..... 801 598-3332

Asian Association of Utah

1588 South Major Street (50 E.) 801 487-6060

Changes, Counseling & Consultation

7370 South Creek Road, #102..... 801 542-7060

Clinical Consultants

8541 South Redwood Road, Bldg. A 801 233-8670

Comprehensive Psychological Services

1208 East 3300 South..... 801 483-1600

Cornerstone Counseling Center

660 South 200 East, # 308..... 801 355-2846

England Counseling

3564 7200 South 801 250-2909

Family Abuse Center for Treatment

5691 South Redwood Rd., #15 801 293-9123

Family Counseling Center

5250 South Commerce Drive, #250..... 801 261-3500

Froerer Counseling Services

11075 South State, Suite 28 801 504-8444

Intermountain Specialized Abuse Treatment Center

3809 South West Temple, #1B 801 268-4454

Institute For Cognitive Therapy

111 East 5600 South, #318..... 801 268-2887

Interface Psychological

508 East South Temple..... 801 328-8817

Jordan West Family Counseling

9263 South Redwood Road, Bldg., Suite B 801 566-0749

Judicial Supervision Services

3038 South Specialty Circle 801 486-8143

Lifestone Group

7300 South 300 West, #101..... 801 984-1717

Mana Consultants

9176 South 300 West, #34..... 801 347-2539

Matt Larson

24 South 600 East, #6..... 801 521-0699

No Excuse For Abuse (N.E.F.A.)

3690 South 500 West, #102..... 801 262-1519

Salt Lake Area Family Justice Center

344 East 300 South, Lower Level 801 236-3373

Sandy Counseling Center

8184 South Highland Drive 801 944-1666

1325 West 2200 South, Suite F 801 944-1666

Sequoia Counseling Services

3378 South 900 East..... 801 463-7520

Trauma Awareness & Treatment Center

32 Winchester, #101 801 263-6367

Valley Mental Health East Valley Unit

(For children & non-offending parent)

1141 East 3900 South, #A 170 801 264-4990

Valley Mental Health Masters Program (55 and older only)

4460 South Highland Drive 801 273-1085

Volunteers of America, Women and Children Center

697 West 4170 South 801 261-9177

VICTIM ADVOCATE PROGRAMS

(Assistance for Victims of Violent Crimes)

Cottonwood Heights Victim Advocate Program... 801 944-7042

Draper Victim Advocate Program 801 576-6355

Midvale Victim Advocate Program..... 801 265-2505

Murray Victim Advocate Program 801 284-4203, 801 284-4201

Salt Lake City Victim Advocate Program 801 799-3756

Salt Lake Co. Victim Advocate Program..... 801 743-5861

or 801 743-5860

Sandy City Victim Advocate Program..... 801 568-7283

Or 801 568-6082, or 801 568-4627

South Jordan Victim Advocate Program..... 801 254-4708

South Salt Lake Victim Advocate Program..... 801 412-3660

Or 801 412-3662

Taylorsville City Victim Advocate Program 801 955-2067

West Jordan Victim Assistance Program..... 801 566-6511

West Valley City Victim Advocate Program..... 801 963-3223

Utah Attorney General's Victim Services..... 801 281-1206

Board of Pardons Advocate..... 801 261-6466

Federal Victim/Witness Program 801 579-4776

Dept. Of Corrections Victim Services 801 545-5899

U.S. Attorney Victim Witness Program 801 325-3256

Sego Lily Center for the Abused Deaf.....888 328-5486

Crime Victim Reparations 801 238-2360

Victim's Rights Committee 801 281-1206

Shelters

YWCA 801 537-8600

South Valley Sanctuary 801 255-1095

Legal

Legal Aid Society

205 North 400 West..... 801 328-8849

Utah Legal Services

205 North 400 West..... 801 328-8891

Third District Courts

450 South State Street

8080 South Redwood Road

Protective Services

Child Protective Services..... 800 678-9399

Adult Protective Services..... 801 264-7669

Rape/Sexual Assault

Rape Recovery Center 801 467-7273

Utah Coalition Against Sexual Assault 1-888-421-1100

Family Support Centers

Emergency Child Crisis Nurseries and Family Counseling

Sugarhouse Branch 801 487-7778

Midvale Branch 801 255-6881

West Valley City..... 801 967-4259

SALT LAKE AREA DOMESTIC VIOLENCE VICTIM RESOURCES

Prepared By:

The Domestic Violence LINKLine

A program of the Utah Domestic Violence Council

** Please check date before duplication – if more than six months old, call 1-800-897-LINK (5465) for an updated copy.*

CRISIS/INFORMATION LINES

Crisis/Suicide Prevention..... 801 261-1442

Domestic Violence LINKLine 1-800-897-5465

National Domestic Violence Line..... 1-800-799-7233